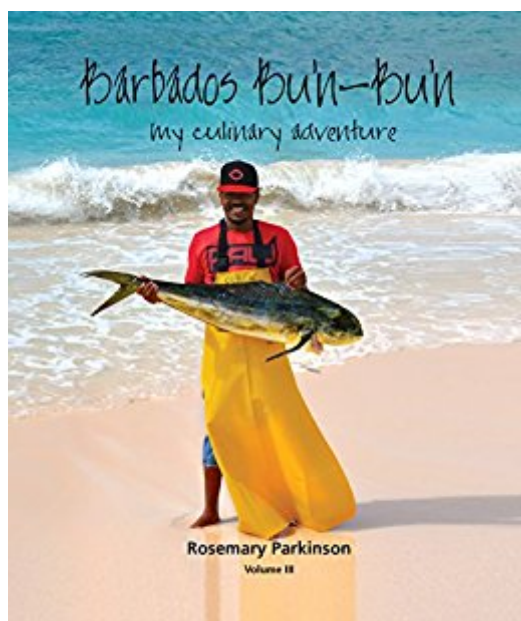


The book was found

Barbados Bu'n-Bu'n: My Culinary Adventure: Volume III



Synopsis

This 4-volumed book divided into the 11 parishes of the island, Barbados Bu'n-Bu'n, takes one on a culinary ride of this gem of the Caribbean. From history, culture and tradition to meeting the people from all walks of life; the book tells their stories, both fun and educational, accompanied by stunning photography and recipes. Volume III, continues the journey with parishes; St. Lucy, St. Peter, St. James, St. Thomas, and St. George. Winner of Gourmand's World Cookbook Awards: For Barbados: Best Photography, Best Design, Best Historic Recipes, Best Self-Published Book (2014) Internationally: Gold - Best Self-Published Book in the World (China 2015). "Experience the tropical beauty and tastes of this very special region through the books of Rosemary Parkinson. Her book Culinaria: The Caribbean is the one and only book to Caribbean cooking; her Nyam Jamaica is a comprehensive taste of one of the world's finest cuisines. • Chef Art Smith (until 2007 personal chef to Oprah Winfrey) award-winning author, restaurateur, contributor to O, The Oprah Magazine and founder of the non-profit charity Common Threads that brings low-income families together through food and art. "Barbados Bu'n-Bu'n - book of satisfaction, good taste, images between the lines from kitchen to heart. Rosemary does it again. • Lennox Raphael, playwright, author, poet and artist. "Rosie Parkinson does not just produce cookbooks. Since the beginning of the 21st Century, she has chronicled in Caribbean Culinaria and Nyam Jamaica how the culture of foods in the Caribbean has become Caribbean Cuisine - marinated for over 300 years in the pots of villages, the boucans of the forests and sandy beaches aromatized by the bushes of the land. These tomes are filled with mouth-watering photographs of food produced by the descendants of migrants from Europe, Africa, India, China and the Middle East combined with the ancient practices of the indigenous Amerindian people. Now there's Barbados Bu'n-Bu'n. Look. Read. Try. The after-taste is tantalizingly unbelievable. • Baba Elombe Mottley, author & activist. "Bu'n-Bu'n is an incredible journey...with Rosemary's inimitable prose, observations, human interest stories and photographs. Exquisite...! • Dr Karl Watson, historian & author. "To say that I was blown away is an understatement and I am still bursting with excitement, Barbados Bu'n-Bu'n literally packages by illustration Barbados' cultural identity. This book is indeed a national treasure. • Beverley Alleyne, Senior Business Development Officer, Barbados Investment & Development Corporation.

Book Information

File Size: 59759 KB

Publisher: Rosemary Parkinson (December 5, 2016)

Publication Date: December 5, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01N0NZZIM

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #716,277 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #14

in Kindle Store > Books > Travel > Caribbean > Barbados & Trinidad and Tobago #68 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian #193 in Kindle Store > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian

Customer Reviews

Its a great book ..but does not let you "Look Inside" all the text is garbled.

[Download to continue reading...](#)

Adventure Guide Barbados (Adventure Guide to Barbados) (Adventure Guide to Barbados)
Barbados Bu'n-Bu'n: My Culinary Adventure: Volume III Barbados Bu'n-Bu'n: My Culinary
Adventure: Volume IV Barbados Bu'n-Bu'n: My Culinary Adventure: Volume I Barbados Bu'n-Bu'n:
My Culinary Adventure: Volume II Adventure Guide Nicaragua (Adventure Guides Series)
(Adventure Guides Series) (Adventure Guides Series) (Adventure Guide to Nicaragua) CRC
Handbook of Lubrication and Tribology, Volume III: Monitoring, Materials, Synthetic Lubricants, and
Applications, Volume III Cover Down Yuh Bucket: The Story of Sticklicking In Barbados
(CHRONICLES OF 20TH CENTURY BARBADOS) (Volume 3) Jewelry International III: Volume III
Gluten-Free Baking with The Culinary Institute of America: 150 Flavorful Recipes from the World's
Premier Culinary College Welcome to Culinary School: A Culinary Student Survival Guide (2nd
Edition) Pies and Tarts: The Definitive Guide to Classic and Contemporary Favorites from the
World's Premier Culinary College (at Home with The Culinary Institute of America) Barbados
Adventure Guide (Adventure Guides) George Fox in Barbados: With the Complete Text of the Letter

to the Governor of Barbados Pan-Africanism in Barbados: An Analysis of the Activities of the Major
20th-Century Pan-African Formations in Barbados BARBADOS Country Studies: A brief,
comprehensive study of Barbados AAA Essential Barbados (AAA Essential Guides: Barbados)
Rum, Fun and Sun in Barbados: Adventures in Caribbean Paradise (France, Spain, and Barbados
Travel Trilogy by Eugenie C Smith Book 3) Miss Passport City Guides Presents: A 3 day
Unforgettable mini Vacation Itinerary to Barbados: Barbados Travel Guide (Miss Passport Travel
Guides Book 129) Fotos Y Hechos Asombrosos Sobre Barbados: El Libro de Hechos Más Sorprendentes de Barbados Para Niños (Kid's U) (Spanish Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)